



What Should I Bring to Residential Treatment?

We want your stay at Maryville to be as comfortable as possible so your only focus is your recovery!

What should I bring?

- Photo identification card or proof of residence
- Paycheck stub
- Health insurance card (if you have one)
- Contact information for household members and emergency contact

Please note that all items will be examined by staff. Patients are encouraged to have their ride wait until this process is complete so unapproved items may be taken home.

Clothing

- 5 changes of clothes, including shirts, pants and shorts
- 5 changes of undergarments and socks
- 2 hooded sweatshirts and/or jackets
- 2 pairs of shoes as well as shower shoes and slippers
- 2 sets of pajamas

Medications and Personal Care Items

- Prescribed medications, which must be in the original container with the original label. (Please note: all medications must be approved by the admissions and/or nursing staff.)
- One of each of the following: soap, shampoo, conditioner, hairbrush, deodorant, toothbrush & toothpaste, and lotion (*All items must be aerosol-free and alcohol-free.*)

Ancillary Items

- Reading material that is treatment related or spiritual/inspirational only
- Stamps and envelopes
- Journal/notebook and pens
- Hats and sunglasses, which may only be worn outside.
- Cigarettes
- Wedding ring

What can't I bring?

Clothing

- Short shorts. (All shorts must reach the client's fingertips when his or her arms are in a straightened position.)
- Tight clothing
- Shirts revealing midriff
- Clothing with alcohol or drug logos
- Thong underwear

Personal Care Items

- Perfume
- Talcum or baby powder
- Lotion containing tanning bronzer
- Nail files and nail clippers
- Makeup
- Aerosol canned hair products
- Mouthwash
- Razors
- Shaving Cream

Ancillary Items

- Watches
- Purses/wallets
- Cell phones
- Jewelry, except for wedding ring
- Bobby pins
- Food of any kind
- Chewing gum
- Pain relievers, vitamins, unmarked medications, and medications not prescribed to the patient
- Any electronic devices such as radios, iPods, iPads/tablets, curling irons, blow dryers, electric shavers or clippers
- Lighters/matches
- Reading material that is not related to treatment or spiritual/inspirational topics
- Stuffed animals
- Blankets/pillows
- Towels
- Weapons of any kind

***Please note:** since we are unable to accommodate luggage, all items should be brought in a large plastic bag.*