



Maryville

Addiction Treatment Center

NEWSLETTER

WINTER 2023

CCBHCs Show a Strong First Year

Maryville was awarded a four-year SAMHSA grant to open a Certified Community Behavioral Health Clinic (CCBHC) at its Turnersville and Vineland outpatient sites. This initiative fully launched this year, offering a variety of services to the general public with a focus on low-income individuals and families. The purpose of the CCBHC model is to create access to coordinated, comprehensive behavioral health care. This coordinated care helps people navigate behavioral health treatment, physical health care, social services, and other related systems.

Maryville’s CCBHC services include physical and behavioral screenings, assessment, diagnosis, case management, and outpatient/intensive outpatient treatment for substance use and co-occurring mental health disorders.

Specialty tracks include services for adolescents, the LGBTQIA+ population, and native Spanish speaking individuals as well as stimulant users and individuals with co-occurring gambling disorders. We also offer Medication

Assisted Treatment (MAT), peer recovery services, vocational assistance, and family education and support groups. Telehealth and transportation coordination are both available. In its first year of operation, Maryville’s CCBHC program served more than 1,500 unduplicated individuals.

For more information about CCBHC services, please call 855-823-3428, ext. 572.



Counselor Brittany Heyward works with a client in the CCBHC program.

Mission Statement

Maryville provides comprehensive, high-quality substance use disorder and co-occurring mental health services for individuals and families, regardless of their ability to pay.

Message from CEO Kendria McWilliams



Dear Friends:

As New Jersey continues to have one of the highest rates of preventable drug-related deaths in the country, Maryville has launched new programs to improve access to treatment and offer a stronger continuum of care. We are proud to announce the implementation of two Substance Abuse and Mental Health Services Administration (SAMSHA) funded Certified Community Behavioral Health Clinics (CCBHCs) in Gloucester and Cumberland counties. Through our CCBHCs, we bring together doctors, clinicians, case managers, peers with lived experience of recovery, and the client to create a person centered treatment plan aimed at long term wellness. For example, through our CCBHC holistic care model, a mother recovering from substance use and mental health disorders can also receive peer support to secure housing, vocational training or job placement, and transportation to physical health and other related appointments.

The New Jersey Division of Mental Health and Addiction Services (DMHAS) has also entrusted Maryville with a grant to begin an outcomes based program to combat the rise in amphetamine related deaths in New Jersey. Maryville's Contingency Management program combines group and individual therapy with financial incentives and wellness programs to help clients achieve treatment goals. Maryville has also been licensed by the New Jersey Department of Health, Division of Certificate of Need and Licensing to serve adolescents in our Gloucester and Cumberland county sites. Through these new programs, more members of our communities are entering treatment and sustaining recovery.

Our community partnerships are key to our success. Through relationships with our healthcare partners, local officials, law enforcement, faith based organizations and other groups, we have expanded our resources to educate the public and improve the health and well being of those we serve.

Thank you to our volunteer board and staff for their dedication to those we serve and our mission.

The Road to Recovery

Suicide or treatment? That was the crossroads Brian Kaye reached one day after being discharged from a hospital for a drug overdose. As he stood outside, viewing a bus in the distance, he contemplated walking in front of it. Nearly 10 years of opioid addiction had cost him his family, friends, job, driver's license, and his home. Brian had lost everything that mattered, including his self-worth.

What began as recovery from a back injury and later, gallbladder surgery, forged a path of destruction that Brian could not have imagined. His physicians prescribed him opioids to manage the pain and over time, he found himself needing more in order to function. Brian's primary doctor eventually reduced his dosage and it was then that Brian turned to heroin. In time, he would learn what life on the streets was like, lying and stealing to feed his addiction.

The day Brian stood watching that oncoming bus, he was ready to end the misery when thoughts of his Uncle Mike suddenly entered his mind. Brian remembered how his uncle had battled his own addiction years before. He had sought help, maintained his recovery for decades, and didn't hesitate to take action when Brian appeared on his doorstep later that day. After a difficult detox with his uncle by his side, Brian's next stop would be Maryville, but he remained cynical.

"When I came to Maryville - inpatient in April of 2014, I didn't have any hope for my future, I was suicidal and miserable. The staff there started instilling in me the values and principles of recovery and planted a seed. I started to learn to trust again and listened to what my counselor said.

From there, she helped me get into an amazing recovery house organization. I started discovering my program of recovery and hope came back into my life."

Brian celebrates nine years in recovery and has reconnected with his family and friends. He finds that helping others throughout their journeys is a key factor in his own success. Brian became a peer recovery center volunteer and a Maryville alumni speaker. Today, Maryville is thrilled that Brian has chosen to come back to Maryville to use his talents as a peer recovery specialist for Maryville's inpatient Pemberton program, striving to help others discover a life of recovery and possibilities.



Staff Spotlight on Delia Burgos, Certified Peer Recovery Specialist Supervisor



Delia Burgos began her time with Maryville in June 2019 when she was hired as the agency's very first peer recovery specialist. Peer recovery specialists are individuals who have their own personal experience with addiction and when in recovery, work in the field to help others seeking the same. They lend emotional support as well as assistance with linkages to needed services, helping to build each client's capacity to cope

with struggles and sustain their recovery. Delia shared, "Every day I wake up, I feel blessed to be walking in my purpose. I love working for a company that puts people first."

For her first year, Delia worked at Maryville's Turnersville Outpatient program and the Williamstown Residential Campus. As time passed, Maryville's staff of peer recovery specialists grew and Delia was promoted to certified peer recovery specialist supervisor. Since then, she has built a strong team and oversees the work of peers across multiple programs. "I am a person in long term recovery from a substance use and mental health disorder. For many years I lived a life with no hope for a future. Today, I not only have a life full of hope, I am able to share that hope every day."

Delia is a woman of faith who lives in Cumberland County with her fiancé, Frank and has a 31 year old daughter and a 27 year old son. Her passions include cooking, giving back to her community by volunteering, and spending time with her loved ones. Thank you for all you do, Delia!

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Maryville Hosts 2nd Annual Alumni BBQ

On a beautiful day in October, more than 30 people gathered together at Washington Lake Park in Sewell, New Jersey, for Maryville's 2nd Annual Alumni BBQ. With food from Maryville's own kitchen, attendees enjoyed a delicious meal with friends and family. Guests played games like volleyball, corn hole, ladder ball and a giant Connect Four game. The most poignant part of the afternoon was when many alumni shared their personal stories with an audience that reacted with pure support and encouragement. Newer alumni got to see firsthand how well some of the longer standing alumni are doing, which is always reassuring as they begin their own journeys. A fun day was had by all, with many already inquiring about the next alumni event. If you are interested in joining Maryville's Alumni Services, please call 856-227-2717, x569 or sign up through our website at maryvillenj.org/alumni. Thank you, alumni, for making this event such a success!



Maryville In-Community Peer Recovery Support Services Continue to Grow

Recently, Maryville was funded by Camden County through the State Opioid Settlement to expand its work in Camden City homeless shelters. Since 2020, we have provided Certified Peer Recovery Specialist services in Joseph's House of Camden and a Volunteers of America (VOA) shelter. These peers help individuals with substance use disorders enter treatment, learn about harm reduction, and build supports through community services. Now Maryville is extending these services to three more VOA shelters in Camden for a total of five shelters, significantly expanding our reach.

Through a SAMHSA grant, Maryville has partnered since 2020 with Rowan School of Osteopathic Medicine (RowanSOM), now Rowan-Virtua SOM, to provide addiction treatment, HIV prevention and treatment, and peer recovery supports for men with HIV or at high-risk of HIV. In August 2023, we began providing this service for women as well.

Maryville was also funded this year to provide peer recovery specialist

services for the Camden County Prosecutor's Office's Operation Helping Hand initiative. Maryville joins the county and other providers to offer services and assistance for individuals with a variety of needs, including mental health and substance use disorders. They have recently requested our continued services for future events, allowing us to reach even more people in need.



Certified Peer Recovery Specialist Nichole Phillips assists a client in a Camden City shelter.

Contingency Management Program Yields Positive Outcomes

Maryville was awarded funding to begin an outpatient initiative specifically targeting adults with stimulant use disorders. Unlike opioids, stimulants do not typically respond to Medication Assisted Treatment (MAT). Evidence demonstrates that contingency management programs can be effective for stimulant users. Contingency management rewards clients for specific accomplishments within their program. Rewards may include monetary and non-monetary benefits. Outcomes include increased abstinence in substance use, improved attendance at treatment programs, and improved adherence to mental health medications. The program follows the Trust protocol, which uses Cognitive Behavioral Therapy and Motivational Interviewing, evidence-based practices in substance use and mental health treatment. Over the last year, 74% successfully completed treatment or remain in treatment now. Of those who left early, 7% were due to obtaining employment. Contingency Management is available at Maryville's Turnersville and Vineland locations. For more information, please call 855-823-3428, ext. 558.

Maryville 15th Annual Race for Recovery Funds Treatment Scholarships

On the morning of Saturday, September 30th, more than 200 people arrived at Cooper River Park in support of Maryville's 15th Annual Race for Recovery 5K Run & Fun Walk to benefit the Peter P. Black IV Scholarship Fund at Maryville. This fund assists individuals unable to pay for treatment and was founded by Kate Holt in memory of her son Peter who passed away from a substance use disorder. This year, the event raised over \$31,000. Thank you to all the participants, sponsors, donors and volunteers who made this event a great success!

