****

**What Should I Bring to Residential Treatment?**

We want your stay at Maryville to be as comfortable as possible so your only focus is your recovery!

**What should I bring?**

* Photo identification card or proof of residence
* Paycheck stub
* Health insurance card (if you have one)
* Contact information for household members and emergency contact

***Please note*** *that all items will be examined by staff. Patients are encouraged to have their ride wait until this process is complete so unapproved items may be taken home.*

**Clothing**

* 5 changes of clothes, including shirts, pants and shorts
* 5 changes of undergarments and socks
* 2 hooded sweatshirts and/or jackets
* 2 pairs of shoes as well as shower shoes and slippers
* 2 sets of pajamas

**Medications and Personal Care Items**

* Prescribed medications, which must be in the original container with the original label. (Please note: all medications must be approved by the admissions and/or nursing staff.)
* One of each of the following: soap, shampoo, conditioner, hairbrush, deodorant, toothbrush & toothpaste, razors, shaving cream, and lotion *(All items must be aerosol-free and alcohol-free.)*

**Ancillary Items**

* Reading material that is treatment related or spiritual/inspirational only
* Stamps and envelopes
* Journal/notebook and pens
* Hats and sunglasses, which may only be worn outside.
* Cigarettes
* Wedding ring and one piece of religious jewelry

**What can’t I bring?**

**Clothing**

* Short shorts. (All shorts must reach the client’s fingertips when his or her arms are in a straightened position.)
* Tight clothing
* Shirts revealing midriff
* Clothing with alcohol or drug logos
* Thong underwear

**Personal Care Items**

* Perfume
* Talcum or baby powder
* Lotion containing tanning bronzer
* Nail files and nail clippers
* Makeup
* Aerosol canned hair products
* Mouthwash

**Ancillary Items**

* Purses/wallets
* Cell phones
* Jewelry, except for wedding ring and one piece of religious jewelry
* Bobby pins
* Food of any kind
* Chewing gum
* Pain relievers, vitamins, unmarked medications, and medications not prescribed to the patient
* Any electronic devices such as radios, iPods, iPads/tablets, curling irons, blow dryers, electric shavers or clippers
* Lighters/matches
* Reading material that is not related to treatment or spiritual/inspirational topics
* Stuffed animals
* Blankets/pillows
* Towels
* Weapons of any kind

***Please note:*** *since we are unable to accommodate luggage, all items should be brought in a large plastic bag.*