



Maryville

Addiction Treatment Center

NEWSLETTER

FALL 2020

Thank You

With our deepest gratitude, we thank you for your unwavering support during the COVID-19 pandemic. Your generous donations of Personal Protective Equipment including masks, gowns, gloves, hand sanitizer, and cleaning products have allowed us to protect our dedicated staff as they continued coming to work each day to care for the patients who depend on us. Your monetary contributions have helped us purchase items such as outdoor tents and heaters for our inpatient programs to create additional counseling space, telehealth equipment for our outpatient programs to allow people to receive treatment from their homes, and additional sanitation services and supplies to maintain a safe environment at all our facilities.

Thanks to you, we have been able to continue serving those who have needed us more than ever during one of the most high-stress times in recent history. We know this time has been difficult for you as well, and we recognize the selflessness involved in continuing to think of others while dealing with your own challenges.

We wish you and your loved ones health and safety in the months ahead.

Mission Statement

Maryville provides comprehensive, high-quality drug and alcohol addiction and co-occurring treatment services for individuals and families affected by the disease of addiction.

Message from CEO Kendria McWilliams



Throughout the COVID-19 pandemic, Maryville has worked to turn challenges into opportunities to increase access to treatment, education and supports for those we serve. Pre-COVID-19, substance use and mental health disorders were among the most significant public health crises Americans faced. In a survey conducted in June, 2020 by the Centers for Disease Control and Prevention (CDC), 11% of US adults reported seriously contemplating suicide, and 13% said they increased or started using substances to cope with stress. This is the time to increase, not curtail access to addiction and mental health treatment services. At Maryville, all inpatient and outpatient services have remained open, in accordance with CDC and Department of Health guidelines. We invested early in telehealth equipment, software and staff training to improve retention and continuity of care for our outpatients. We increased our nursing, clinical, and support staff, and expanded individual and group counseling, mental health, medication assisted treatment (MAT), and recovery support services.

Maryville continues to educate the public and our patient population on key Substance Abuse and Mental Health Services Administration (SAMHSA) focus areas: Preventing Suicide, Knowing the Risks of Marijuana and Methamphetamines, Living Well with Mental Illness, Mental Health and Substance Use in Young Adults, and Resources for Families Living with Mental and Substance Use Disorders. Partnerships with local hospitals, social service, and government agencies have allowed us to better integrate each patient's physical, mental health, and social service needs.

Through sharing success stories received from patients, patient families, and others, we continue to recognize achievements and inspire each other. We cannot thank you enough for your continued confidence and support of our mission. Together, we do make a difference for our patients, families, and communities.

New Peer Support Funding

Maryville is excited to announce a grant from Cumberland County to provide peer support services to county residents and their families. A Certified Peer Recovery Specialist (CPRS) who has personal experience with addiction, will help those with opioid use disorder build recovery capital to help achieve and sustain long-term recovery. Recovery capital is the combination of resources a person can draw from to support their journey and help prevent relapse. In addition to treatment, these resources might include external factors such as housing, employment, education, food, physical and mental health care, and support systems; while internal factors include areas such as self-esteem, education and skills, and hopefulness. The CPRS's role is to assess each person's particular needs as well as the needs of their family, provide peer mentoring and coaching, and connect them to the services that will help them build that recovery capital.

Maryville also provides peer support services for Camden County residents with substance use disorder in partnership with Camden County. Maryville CPRS serves people in Camden County's Joseph's House and VOA (Volunteers of America) homeless shelters who are considering, entering, or already in recovery. Those who are ready to enter treatment are assessed, linked to a program appropriate for their needs, and transported there. The CPRS remains in contact with these individuals



Maryville CPRS Kayla Grammer assists a new Cumberland County client.

and provides support upon treatment completion towards achievement of the individual's personal recovery plan goals. In addition, the CPRS runs recovery groups and provides coaching and support services for those not yet ready to enter treatment, working to motivate them to take that step.

A Recovery Two Decades in the Making



Alumnus Ken Jones began his recovery story as a teenager. With anger over his parents' divorce and the feeling of instability, by age 14, Ken found an escape in partying with friends. He would spend his high school years doing a variety of drugs including OxyContin and eventually heroin, leading to a lengthy addiction and ongoing turmoil.

Despite his multiple arrests and trips to treatment, Ken continued to use until age 25 when he was again arrested on drug charges. Given the choice of jail or the state Drug Court program, Ken chose Drug Court, which combines intensive supervision with structured treatment. Ken successfully graduated from the program and remained clean for the next six years.

After rebuilding his life, including earning an Associate's Degree, Ken enrolled in Rutgers University where he excelled until sustaining back injuries in a motor vehicle collision caused by a drunk driver. Though he was offered prescription painkillers, Ken chose only physical therapy, remaining committed to his recovery. Six months after being released from physical therapy, everything changed. He became the victim in a second motor vehicle accident.

This time, Ken accepted the opioids offered to him. He convinced himself he could remain in control since he had stayed clean for so long. But that wasn't the case. Ken went on to lose his license, car, apartment, and family. He gave up on school which resulted in a plummeting GPA, defaulted loans, and his subsequent withdrawal from academics and the stable supports in his life, leaving him with nothing.

Over the next several years, Ken bounced between addiction, treatment, recovery, and relapse. He eventually went to jail, where after a month of incarceration, was again offered Drug Court. With an ultimatum from his father, Ken reluctantly agreed, entering Maryville's outpatient treatment program. "I was angry at the time. But I came to feel it was the best thing that could have happened," shared Ken. "I could be dead now," recalling how he once overdosed twice in two weeks. Even after he met his Drug Court requirements, Ken opted to continue his treatment at Maryville for another seven months. "When I came here, I was broken down and didn't really have any direction, but Maryville gave me the structure I needed," he shared. "They built me back up."

Today, Ken celebrates 41 months clean. He is an active member of Maryville's Alumni Services program and attends self-help meetings. He has reclaimed his license, purchased a car, rented an apartment, and satisfied his legal obligations. He is gainfully employed and back to school, pursuing a business degree with the goal of one day managing a luxury hotel. Ken was recently featured in the *South Jersey Times* for his efforts to bring light to the issue of delayed record expungements in New Jersey, which affect people's ability to move forward with their lives. Ken received word just last month that his record has finally been expunged.

Today, Ken remains focused on his recovery...one day at a time. "I feel happy again. I feel healthy. I'm thinking clearly. The relationship with my family is so good now," Ken shared, "and that's what it's all about."

Our Services

Medically Monitored Inpatient Detox
Residential Treatment
Outpatient Services
Intensive Outpatient Services
Telehealth
Co-occurring Mental Health Services
Medication Assisted Treatment
Intoxicated Driver Resource Center
Recovery Support Services
Alumni Services

Accredited by



Have you considered remembering Maryville in your will or life insurance policy?

1949 LEGACY SOCIETY

MAKE YOUR MARK ON THE FUTURE

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Did You Know?

Maryville accepts the following insurances:

Aetna • Aetna Better Health
Amerigroup • AmeriHealth
Department of Veterans Affairs
Horizon Blue Cross Blue Shield
Horizon NJ Health • Magellan
New Jersey Medicaid • Qualcare, Inc.
United Behavioral Health
United Healthcare Community Plan
Wellcare

Maryville Partners with Burlington County for Second Community Initiative

Maryville is proud to partner with the Burlington County Prosecutor's Office in their Straight to Treatment initiative, which aims to help individuals with substance use disorders obtain the treatment they need to achieve and sustain long-term recovery. Every Tuesday, individuals in need of treatment may walk into the Pemberton Township Police Department between the hours of 12pm and 6pm to request help. Those who come in for help can bring drugs and drug paraphernalia to surrender to police without being charged with possession. Post House at Maryville, our Pemberton residential facility, conducts screenings and connects these individuals to treatment at Maryville or another treatment facility. "Maryville already is a great resource for the program as a treatment provider in our County," Prosecutor Scott Coffina said, "and having them available to perform initial screenings at the Pemberton Police Department will be a major asset for the Township." Insurance is not required for participation and the program now operates in four towns including Burlington City, Evesham Township, and Mount Holly. For more information, please e-mail treatment@co.burlington.nj.us.

After a six month hiatus due to the COVID-19 pandemic, HOPE One of Burlington County is back on the road! The team, comprised of a Maryville counselor and CPRS in addition to representatives from the Burlington County Sheriff's Office and Health Department, recently resumed their weekly schedule, traveling to different Burlington County locations each week to offer substance abuse education and community resources, access to treatment, Narcan kits and training, vaccines, and support to highly vulnerable populations, including the homeless, as well as concerned family members of individuals battling addiction. The HOPE One initiative launched in the fall of 2019 and hopes to expand operations in the near future. "We are very proud of the success of Hope One since we started one year ago. In the first six months, we assisted over 400 people and placed over 20 people into treatment," shared Lieutenant Michael Ditzel. "As we all know, it is not just those struggling with addiction that need help, but also their loved ones who witness the effects of addiction."

Follow Maryville on social media for HOPE One's schedule and stop by to see the team!



Maryville's Delia Burgos and Jeana Simko with Prosecutor Coffina.

Recovery for Life Virtual Gala

Featuring award-winning chef, restaurateur, and author Michael Solomonov of Philadelphia's Zahav, as he shares his personal story of addiction, recovery, and resilience.



**Friday, March 12, 2021
7:00PM**

**Sponsorships and tickets at
www.maryvillenj.org/gala**

Personal Protective Equipment Needed

Donation drop-offs
must be scheduled in advance.

Please call 856-227-2717 x569 or email
development@maryvillenj.org.

Thank you!

- Hand sanitizer
- N-95 masks
- Regular masks
- Gowns
- Face Shields
- Lysol Disinfectant Spray
- Lysol Disinfecting Wipes